

Week Four

3 Major Acute Remedies

**Chamomilla - Mercurius -
Belladonna**

Chamomilla

The German chamomile belongs to the compositae (daisy) plant family.

Affinities

Mind. Nerves. Digestion. Teeth.

Aetiologies

Dentition. Anger. Pain. Pregnancy & Labour. Abuse of coffee, morphine & narcotics.

Therapeutic Indications

Peevish, irritable, moaning about trifles; cross, angry, spiteful, capricious.
Whining restlessness, child wants different things & refuses them when given
Crying child, only quiet when carried
Earache with sharp, stitching, tearing pains; facial neuralgia; rheumatic pains
Toothache - stitching pain, < warm drinks < after eating < warm room > cold water
Increased thirst for cold water
Colic with distended abdomen
Loose, green, watery stools; hot, smelling like rotten eggs, with colic
Labour pains & after-pains unbearable; menstrual colic

Key Symptoms

During Dentition (teething).

Oversensitivity to pain; sweats with pain
One cheek red & hot, the other pale & cold
Anger + Pain + Oversensitivity + Numbness

Modalities

< Warmth; night; < windy weather; < being touched or looked at
> Cold applications; > being carried

Mercurius (Solubilis or Vivus)

Quicksilver. The element.

Affinities

Glands (throat, neck, salivary, lymph). Blood. Mucus Membranes. Sexual Organs. Joints. Bones. Skin.

Aetiologies

Fright. Suppressed gonorrhoea or syphilis. Dental amalgam.

Therapeutic Indications

Sensitive to both heat and cold

Profuse perspiration, which does not > & may even <.

Offensiveness of breath, sweat, discharges.

Tremors and tremblings - of head, hands, tongue, limbs

Tendency to ulceration & suppuration

Sore throat ext. to nose & ears; otitis media esp chronic or recurring.

Creeping chilliness precedes onset of coryza, fevers etc < slightest uncovering, < evening.

Spreading, irregular ulcers - gums, inside cheeks; gum disease; salivation esp at night

Abscess. Dysentery - slimy, bloody diarrhoea. Bone pains < night.

Key Symptoms

Offensive mouth odour; metallic taste; salivation

Profuse sweats; offensive

Chilly, < heat and cold, can't find the right temperature

Modalities

< Night. Touch. Pressure. Cold air. Damp. Change of weather. Light. Heat of bed. Slight exertion. During & after urination. Before stool. Lying on Right side.

Blowing nose. Touching anything cold. Bending forward.

> Weeping. Rest.

Belladonna

Atropa Belladonna is also known as the deadly nightshade.

Affinities

Brain; blood vessels; mucous membranes; throat; skin; right side.

Aetiologies

Hair-cutting. Getting head wet. Sausages. Exposure to sun. Exposure to wind.

Therapeutic Indications

Acute inflammatory conditions of sudden onset with heat, pain & redness.
Rush of blood to head & face; congestive headache; Hot head with cold limbs.
Head hot & painful; face flushed; eyes wild, staring; pupils dilated
Violent delirium - bites, spits, kicks & tears things; tries to escape; sees ghosts, faces, insects
Febrile convulsions; Convulsions and spasms in teething children.
Sensitive to draughts of air; ailments from uncovering the head or having the hair cut.
Sweat only on covered parts.
Carotids throb violently. Sleepiness, but cannot sleep.
Scarlet fever. Sunstroke. Tonsillitis. Mastitis. Mumps. Meningitis. Boils, Abscess, Gout.

Key Symptoms

Burning heat & redness. Symptoms come & go suddenly.
Local congestions, with intense heat, redness & throbbing pains < jar.
Hypersensitivity - to noise, touch, light, motion & especially to jar.
Intense pains throbbing, burning & stabbing.

Modalities

< jarring; lying on painful side; motion; afternoon; 3.00pm & 11.00pm; after midnight; touch; draught of air; cold applications; having hair cut; drinking; sleeping; lying down; stooping
> bending affected part backwards; leaning head against something; standing; warmth