

Hypericum

Hypericum Perfoliatum. St John's Wort.

Affinities

Nerves. Brain, spine, coccyx; vertex

Aetiologies

Injuries. Puncture wounds. Bites. Surgical operations. Dental work. Childbirth.

Therapeutic Indications

Wounds, injuries to parts rich in nerves.

Sciatica from mechanical injuries.

Shooting pains; following surgery or injections.

Wounded area is hypersensitive to touch.

Spinal injuries. Whiplash. Falls on coccyx. Neuritis after injury or amputation.

Tetanus after puncture wounds or bites.

Injuries to nail-bed

Toothache > lying on affected side & keeping quiet

Asthma < in foggy weather > copious expectoration

Key Symptoms

Nerve trauma & it's after-effects

Pain shoots from the affected part

Hypersensitive to touch

Modalities

< cold air; least exposure; touch; fog; change of weather; jar; damp; motion

> lying on face; bending back; keeping still

Cantharis

Spanish Fly.

Affinities

Mucus & serous membranes; Skin; Urinary & Sexual Organs; Throat

Aetiologies

Burns. Scalds. Sunburn.

Therapeutic Indications

Acute cystitis; cutting & burning pain in whole renal region; nephritis with bloody urine

Scalding urine, passed drop by drop

Constant desire to urinate

Throat inflamed, feels as if on fire; great difficulty in swallowing liquids

Vesicles in mouth; Burnt after taking too hot food or drink

Burning sensation in oesophagus & stomach

Retained placenta, with cystitis

Burning pain in ovaries

Vesicular eruptions with burning & itching, > cold applications

Key Symptoms

Raw, sore, burning pains

Intolerable, constant urging to urinate

Modalities

< When urinating; Drinking; Sound of water; Coffee

> Warmth; rest

Silica

Pure Flint. Silicon Dioxide. Used as a tissue-salt as well as a homeopathic remedy.

Affinities

Nutrition, cellular tissues. Nerves. Glands. Bones. Teeth. Cartilage. Mucous membranes. Skin. Scar tissue.

Aetiologies

Vaccination. Inhaling dust, particles etc. Splinters & foreign bodies. Injury & strains. Loss of fluids. Suppressed sweat.

Therapeutic Indications

Wounds fester, suppurate & are slow to heal.

Weak expulsive power (foreign bodies, stools, pus).

Suppurations which do not resolve (follows indurations which remain after suppuration. Abscesses which leave sinuses & fistulae. Scar tissues become indurated, infected; keloid & adhesion formation.

Poor assimilation of nutrients; fine hair, falls prematurely; nails crippled, brittle, white spots.

Puny babies & children that do not thrive; underweight; teeth lack enamel; weak ankles; swollen glands

Constipation - before & during menses; with great straining; stool recedes when partly expelled.

Breast cysts & tumours, esp. if suppurating.

Weakly people with fine skin, pale face, light complexion; oversensitive physically & mentally.

Chronic, recurring headaches; migraine travels from occiput & settles over eyes.

Key Symptoms

Splinter-like sensation - throat, skin, fingers etc.

Chronic suppurative processes

Great chilliness, lack of vital heat, chilly even when exercising

Desires cold food & drink

Poor stamina; oversensitive; low appetite; chilly

Aversion to meat & milk; vomits mother's milk

Fear of sharp objects, needles, injections

Modalities

< Cold. Cold air. Draught. Uncovering. Moon changes; full or new moon. Physical or mental exertion. Alcohol.

> Warmth. Warm wraps to head. Cold food.

Wounds & Injuries

Soft Tissues - Arnica

Blows, Falls, Bruises - Arnica, Led

Tendons & Cartilage - Ruta

Strains & Sprains - Arn, Rhus, Ruta

Muscles - Rhus-T, Bry, Ruta

Puncture Wounds - Led, Hyp

Nerves - Hyper

Burns - Canth

Eyes - Acon, Led

Bites & Stings - Apis, Led, Hyp

Scar Tissue - Sil