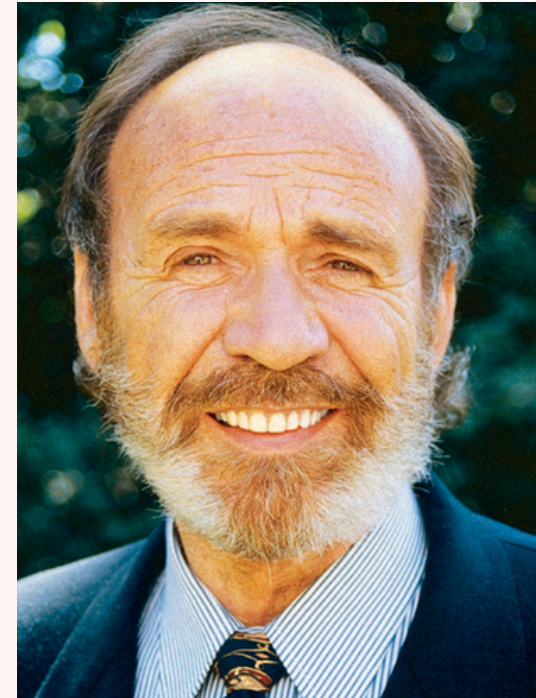
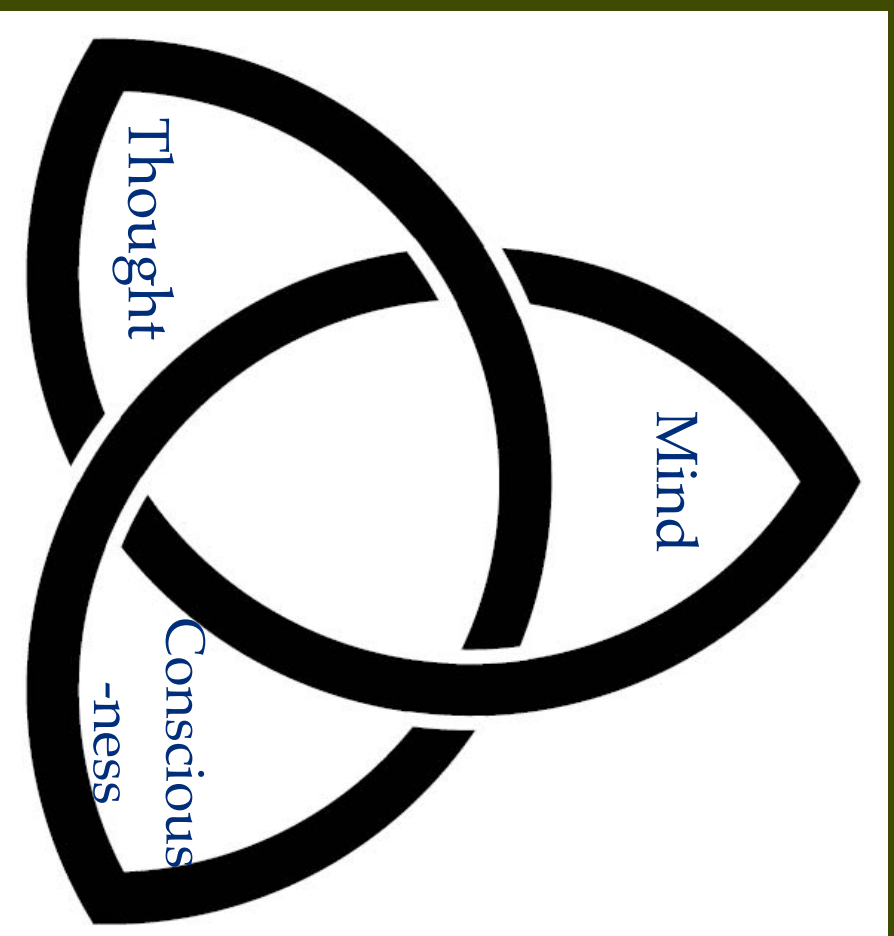

THE THREE PRINCIPLES

Mind
Thought
Consciousness



Sydney Banks
1931 - 2009

Universal energy &
intelligence behind life

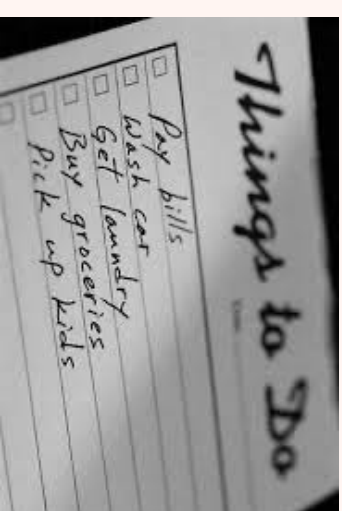
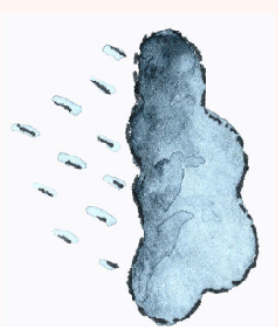


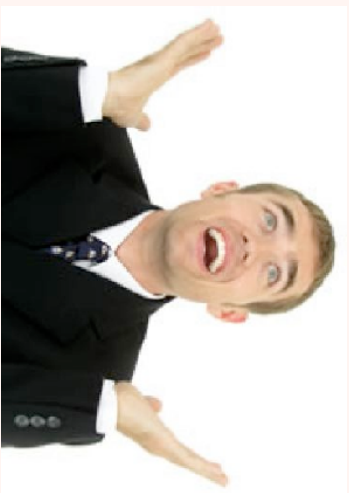
Capacity to
create form
from the
formless

Capacity to
experience life
& to be aware
of experience

*'Thought is the missing
link....*

*Thought is not reality,
but it is through
thought that our
realities are created'*





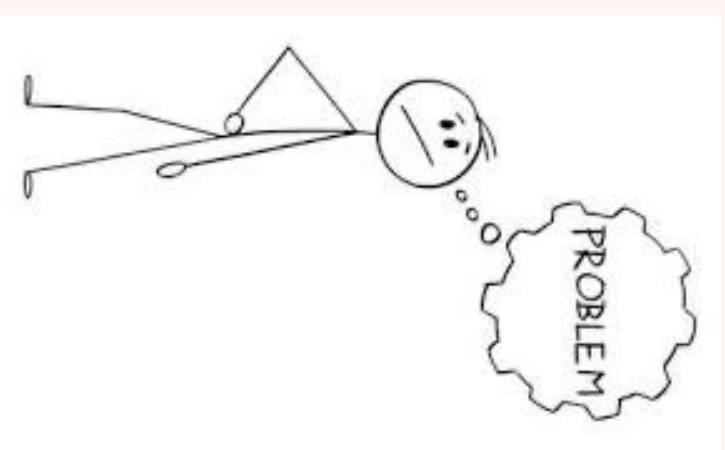
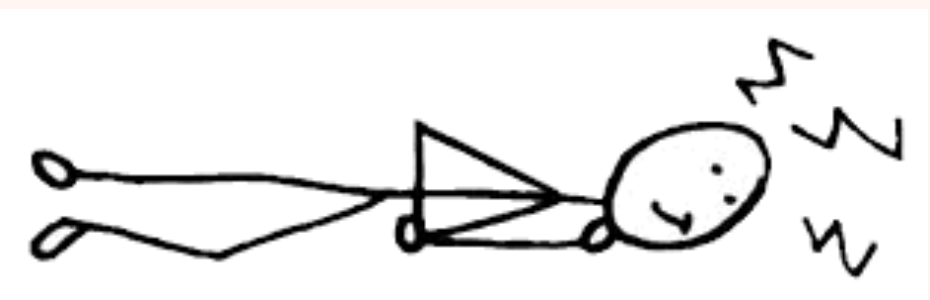
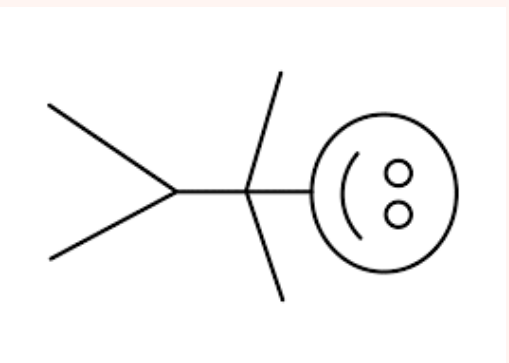
'When people insightfully realise that thought and feeling are inseparable, it changes their perception, experience and behaviour.'



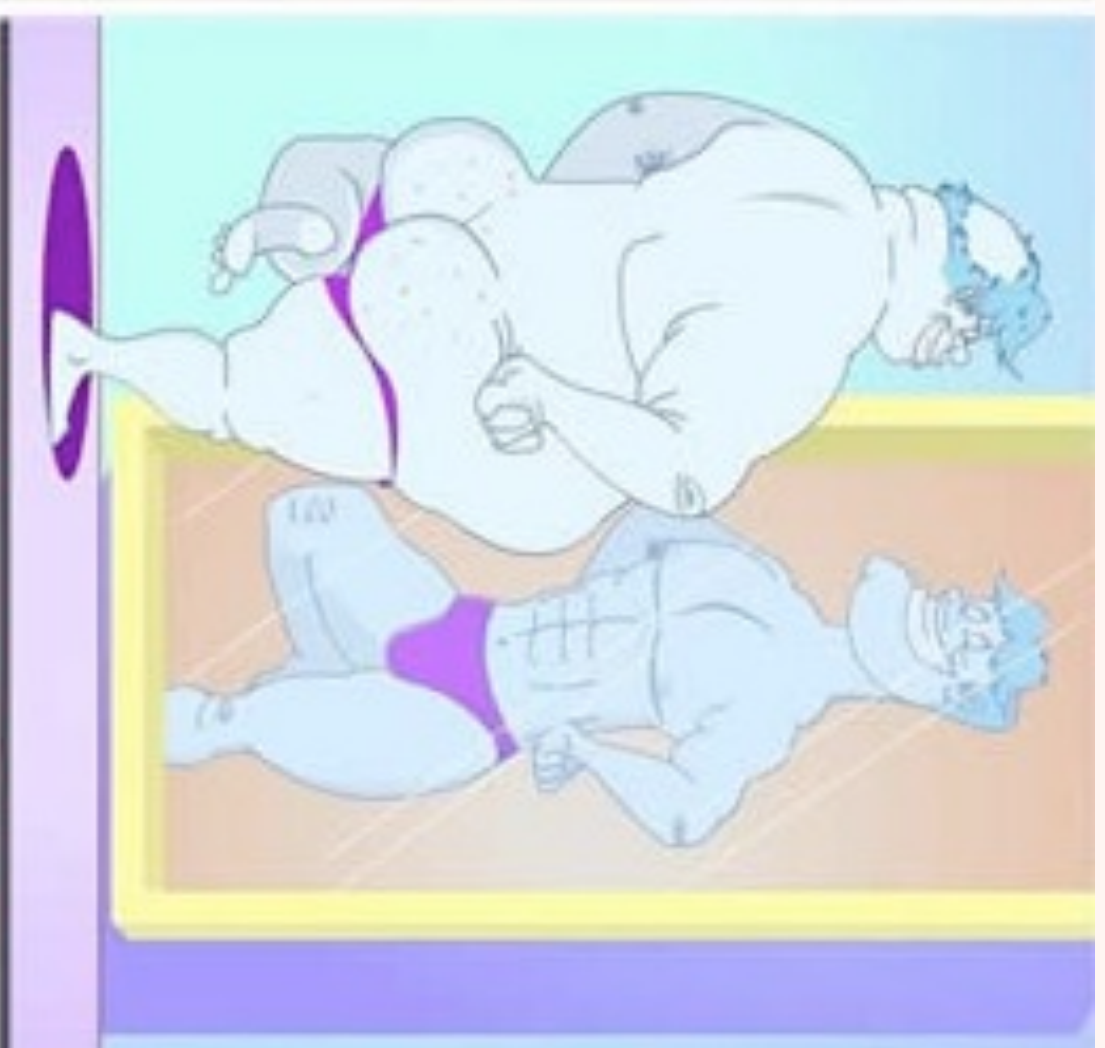
Dr Keith Blevens PhD

Human problems are the thinking, feeling and behavioural results of misunderstanding this inseparability'

How All Problems are Created



"Everyone is doing the best they can given the thinking they have that looks real to them."

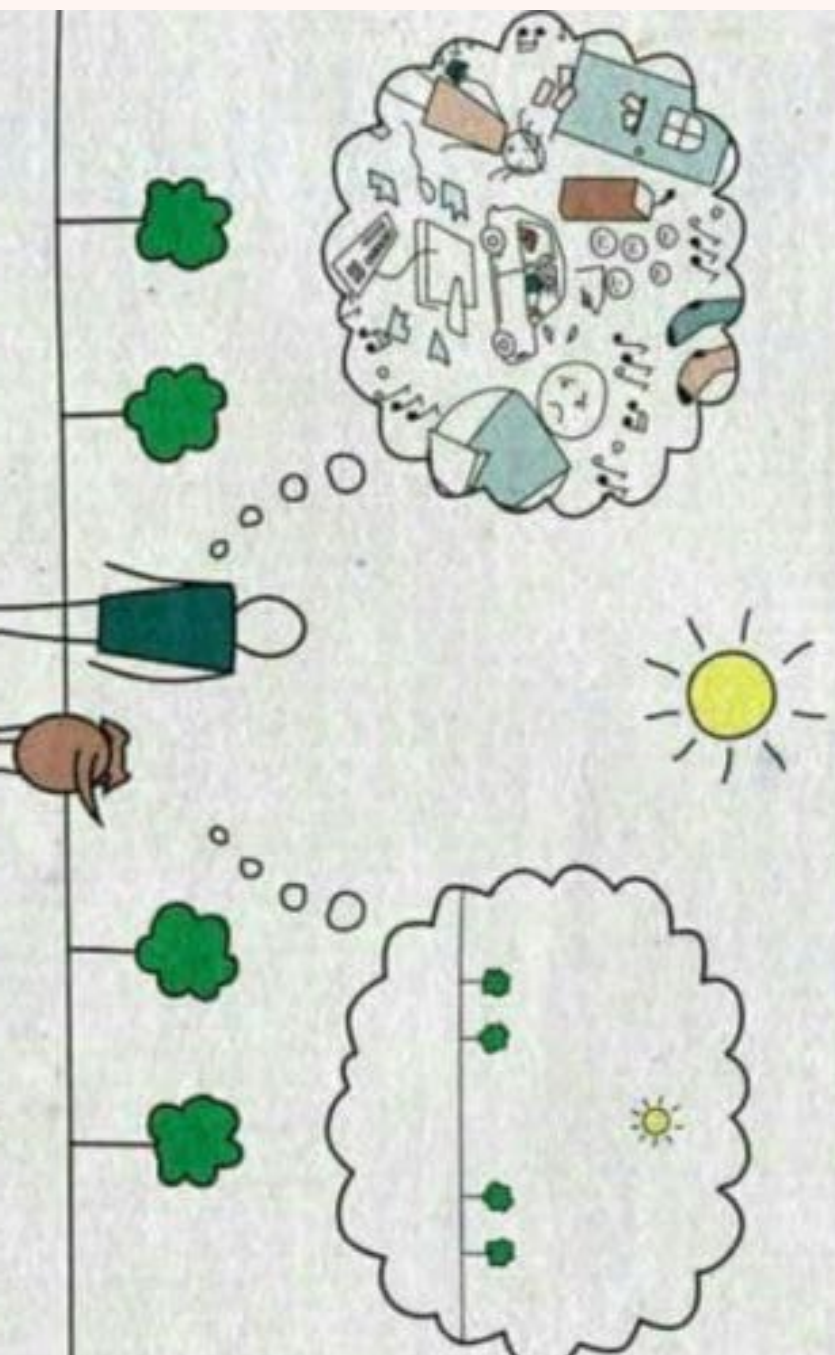


The Difference Between Women & Men

*'The Universal Mind, or
the impersonal mind, is
constant and
unchangeable*

*The personal mind is in
a perpetual state of
change'*

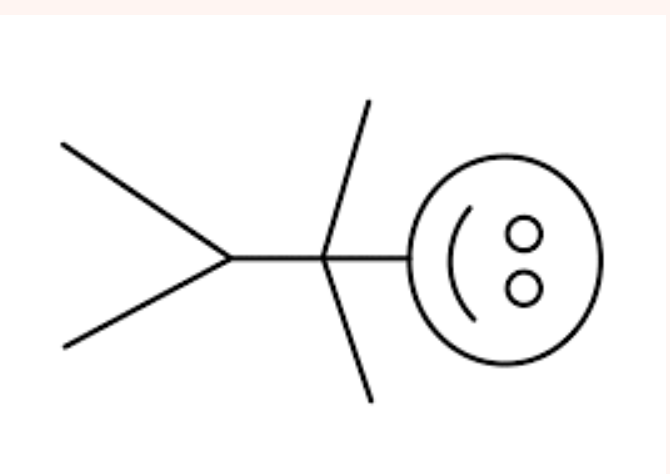
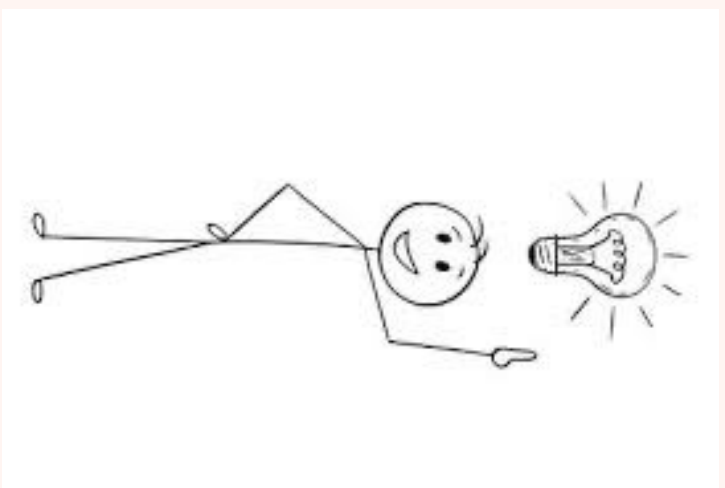
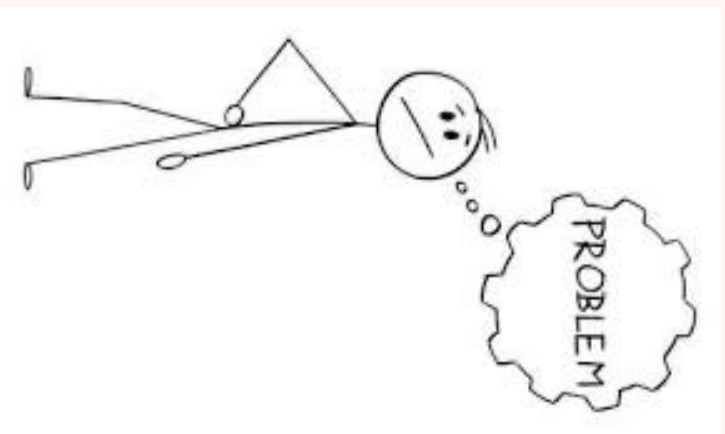
*Do you know why your
dog is happier than you?*





***'In every area of life everyone
is capable of seeing from a
higher perspective than they
do now. You are never stuck.
You're simply limited by the
level you are seeing from.
Limitation is always illusion'***

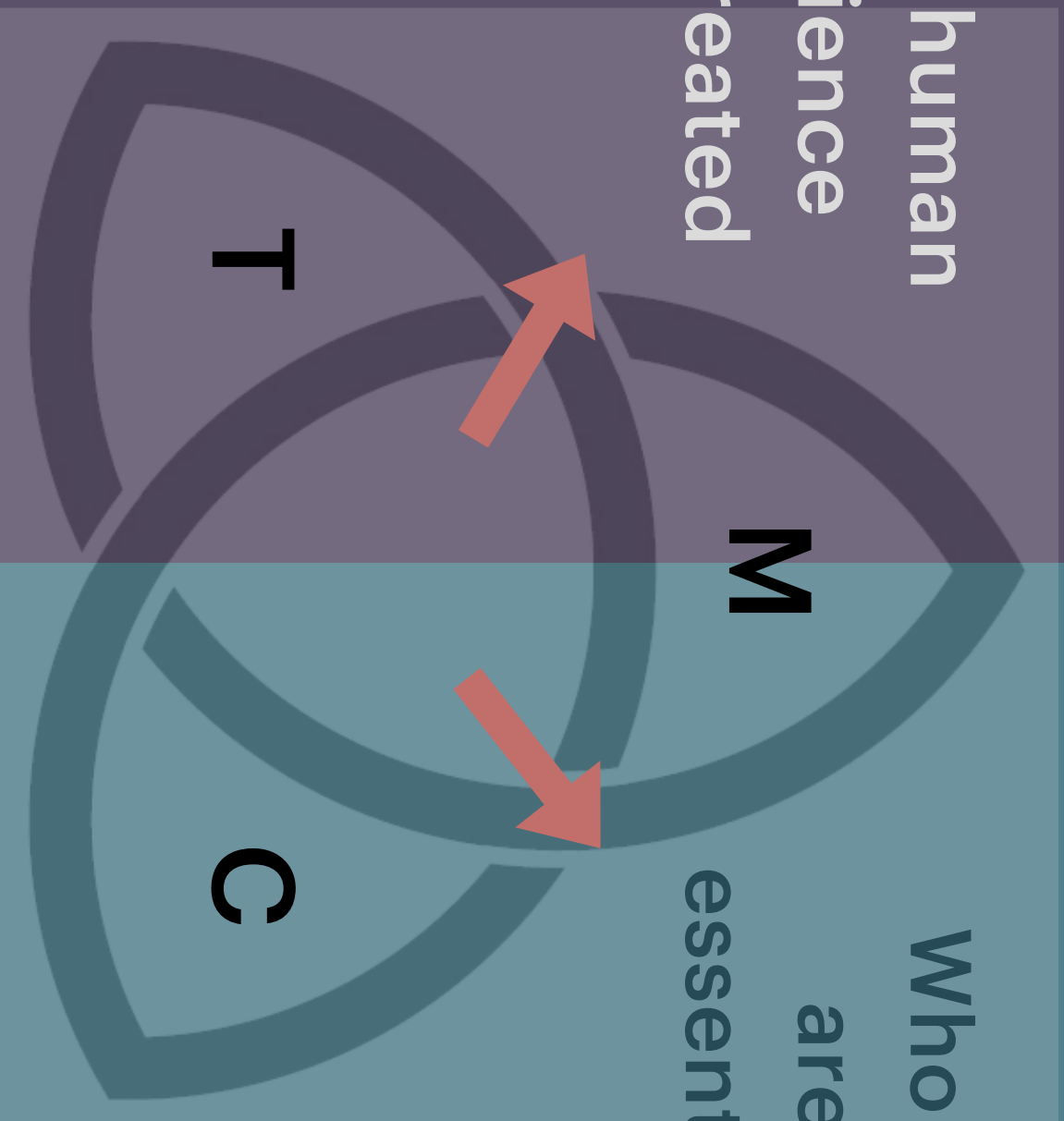
How All Problems are Dissolved



The Three Principles explain & illuminate

- Why we get upset (anxious, depressed etc), and how we get over things
- How past & future events *appear* to influence present-time experience
- Why people react differently to the same stimulus (separate realities)
- Why an individual reacts differently to the same stimulus on separate occasions
- Why psychological & self-help techniques are sometimes helpful and sometimes not
- Why there is only one mental illness
- How instantaneous and lasting transformation is possible for anyone under any circumstance

**How all human
experience
gets created**

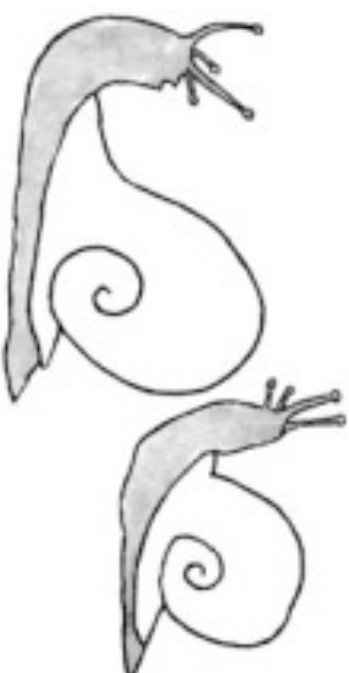


**Who we truly
are in our
essential nature**



Jack Pransky

*'All we are is peace, love
and wisdom - and the
power to create the illusion
that we're not.'*



S. Gross

*'I don't care if she is a tape dispenser.
I love her'*