

The Direction of Cure

Responses to Treatment

Both disease and cure are dynamic processes, not singular events

Curative Response

Palliation

No Response

Suppression

General Positive Signs

- **Energy level improves**
- **Feels better generally**
- **Mood/outlook improves**
- **Appetite returns**
- **Sleep improves**
- **Elimination increases**



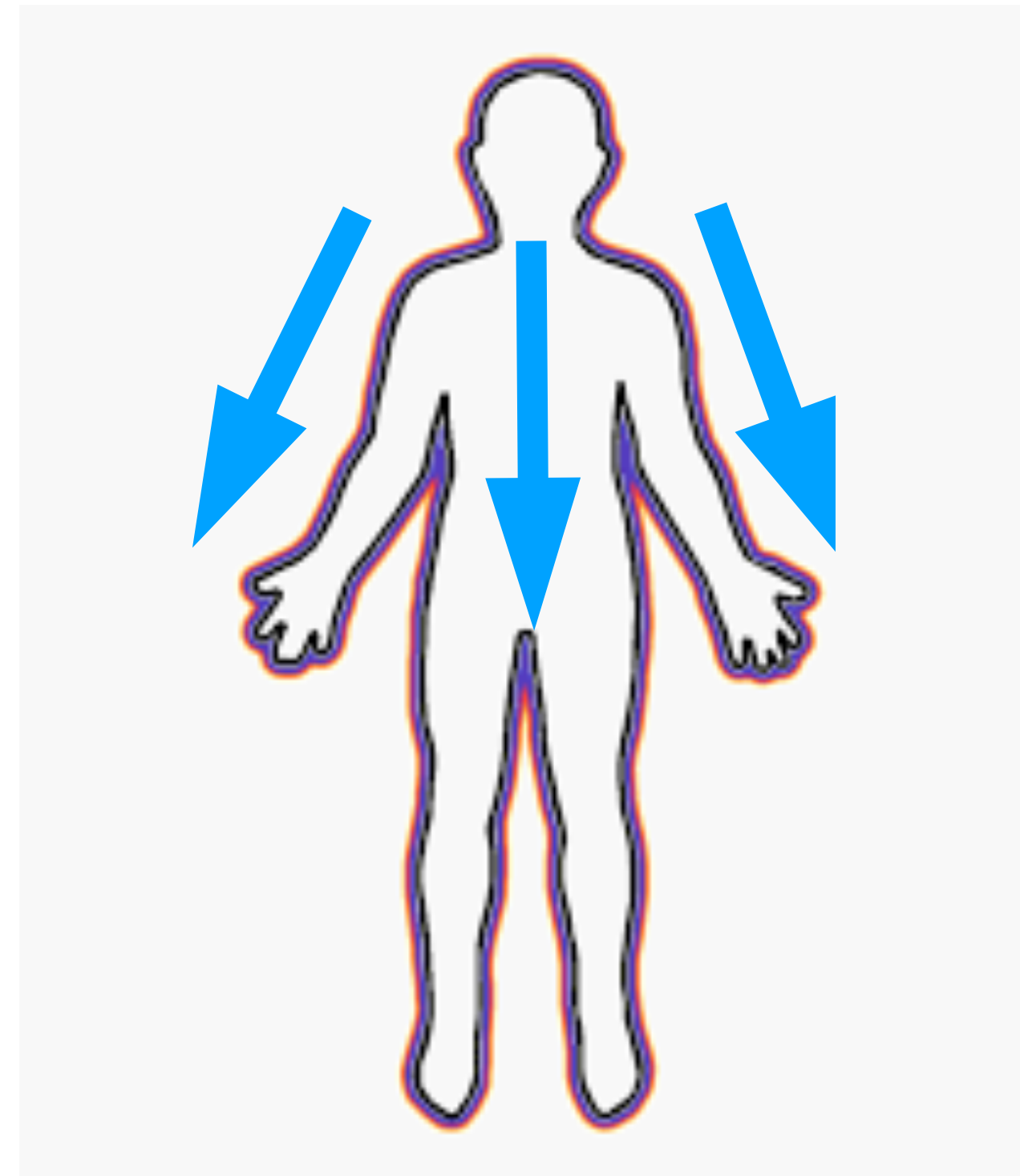


Direction of Cure

Constantine Hering (1800 - 1880)

Symptoms Move or Resolve -

- Inside - Out
- Centre - Periphery
- More Vital - Less Vital
- Reverse Order of Appearance
- Head - Extremities



Health Benefits of Acutes

- Reduce inherited miasmatic predisposition
- Chronic disease prevention
- Immune system development
- Detoxification
- Evolution/growth