

Week Five Remedies

Bryonia

Ledum

Apis

Bryonia

English White Bryony. White Hops.

Affinities

Mucuous, serous & synovial membranes; fibrous tissues in muscles and ligaments around joints; Chest; Circulation; Liver; Right side

Aetiologies

Anger; warm weather after cold days; after taking cold or getting hot in summer; chilling when overheated; exposure to draft, cold wind; suppressed discharges & eruptions

Therapeutic Indications

Cough - dry, with stitches in chest; < motion; < coughing; < entering warm room

Headache or Migraine - with constipation; < coughing, < moving eyes; on awaking, gradually increases until evening; Frontal headache; bursting, splitting; sinus involvement;

Constipation - inactive, no inclination; stools large, hard, dark, dry, as if burnt

Rheumatic/gouty pains - < slightest motion, stitching, tearing pains

Pleurisy; Appendicitis; Sprains & strains; Inflamed muscles & joints - pains > pressure < motion

Eruptive fevers when rash is slow to develop

Key Symptoms

Worse for slightest motion

Irritability - wants to be left alone

Dryness - membranes, joints, mouth, rectum

Sticking, stitching, tearing pains

Thirst - excessive for large quantities at long intervals

Slow onset in acutes

Modalities

< Motion; heat; touch; pressure; right side; 3.00am & 9.00pm

> immobility; quiet & rest; pressure; lying on affected part; cloudy, damp weather

Ledum

Ledum Palustre is also known as Marsh Tea.

Affinities

Fibrous tissues; small joints; tendons; capillary circulation; periosteum; blood; nerves; left side

Aetiologies

Puncture wounds. Vaccination. Wounds, bruises, sprains. Alcohol abuse (esp whisky).

Therapeutic Indications

Puncture wounds; to prevent tetanus. Animal & insect bites. Bruising following injections.

Parts are purple, mottled puffy & cold to touch yet < external heat > cold.

Ascending effects; pains travel upwards.

Bites & stings.

Gout; rheumatism - pains travel upwards. Ball of great toe swollen & painful > cold

Soles painful, can hardly step on them.

Pimples on face; acne of drunkards.

Bruises; injuries; sprains - esp. of small joints; where discolouration remains.

Black-eye.

Key Symptoms

Puncture wounds & their ill-effects.

Coldness of parts or lack of vital heat, with most complaints.

Blue-black discolouration & mottled appearance.

Modalities

< warmth, of bed; applied heat; moving, esp. moving joints; wine; evening & night, before midnight;

> cold applications, cold bathing; rest

Apis Mellifica

The Honeybee.

Affinities

Cellular tissues. Serous cavities (pericardium, meninges). Skin. Kidneys.
Bladder. Ovaries (esp. right). Right side.

Aetiologies

Bites & Stings. Allergic Reactions. Grief. Fright. Rage. Bad news. Jealousy.
Suppressed eruptions. Vaccination.

Therapeutic Indications

Acute allergic reactions. Anaphylactic shock.

Hives, wheals, urticaria, nettlerash with intolerable itching at night

Symptoms like those of a bee sting - red, shiny, puffy swelling; burning,
stinging pains; sensitive to touch and heat.

Pains relieved by cold applications.

Puffy, oedematous swellings, esp. around the eyes and face.

Retention of urine.

General soreness and sensitivity to touch, even the hair feels sore.

Hydrocephalus, cerebro-spinal meningitis, with sudden, piercing, shrill cries

Albuminuria; pre-eclampsia; urine suppressed.

Threatened miscarriage in first months of pregnancy.

Sore throats with puffy, swollen uvula; danger of suffocation.

Key Symptoms

Thirstlessness, especially with oedemas.

Swelling, oedema, relief from cold, < from heat, burning and stinging pains

Prostration, apathy, indifference, great sleepiness.

Modalities

< heat; touch; pressure; 4pm; late afternoon; after sleeping; right side;
closed and heated room

> open air; uncovering; cold applications & bathing; motion